

RETRIEVER AQUATIC CLUB
2009 SUMMER PRACTICE SCHEDULE
(BEGINNING WEDNESDAY JUNE 17, 2009)

SENIOR GOLD GROUP

(LAST DAY OF PRACTICE WED. AUG. 5, 2009)

| | |
|---------------|-------------------|
| MON, WED, FRI | 6:30 AM – 9:00 AM |
| MON, THURS | 2:30 PM – 4:00 PM |
| TUES, THURS | 6:30 AM – 9:00 AM |
| SAT | 6:00 AM – 8:00 AM |

SENIOR GROUP YELLOW

(LAST DAY OF PRACTICE WED. AUG. 4, 2009)

| | |
|-----------|-------------------|
| MON - FRI | 7:00 AM – 9:30 AM |
| SAT | 6:00 AM – 8:00 AM |

SENIOR GROUP RED

(LAST DAY OF PRACTICE WED. AUG. 4, 2009)

| | |
|----------|-------------------|
| MON- FRI | 7:00 AM – 9:30 AM |
| SAT | 6:00 AM – 8:00 AM |

AGE GROUP GOLD

(LAST DAY OF PRACTICE WED. AUG. 4, 2009)

| | |
|-----------|--------------------|
| MON-THURS | 4:45 PM – 6:45 PM |
| FRI | 9:15 AM – 11:15 AM |

AGE GROUP YELLOW

(LAST DAY OF PRACTICE THURSDAY JULY 30, 2009 –OTHER THAN Far Eastern Swimmers)

| | |
|---------------------|-------------------|
| MON,TUES, WED,THURS | 5:00 PM – 6:30 PM |
|---------------------|-------------------|

AGE GROUP RED

(LAST DAY OF PRACTICE THURSDAY JULY 30 –OTHER THAN FAR EASTERN SWIMMERS)

| | |
|--------------|--------------------|
| MON | 5:00 PM – 6:30 PM |
| TUES & THURS | 5:00 PM – 6:30 PM |
| WED | 9:15 AM – 10:45 AM |

AGE GROUP WHITE

(LAST DAY OF PRACTICE THURSDAY JULY 23, 2009)

| | |
|------------------|-------------------|
| MON, TUES, THURS | 5:00 PM – 6:00 PM |
|------------------|-------------------|

AGE GROUP WHITE B

(LAST DAY OF PRACTICE THURSDAY JULY 23, 2009)

| | |
|------------------|-------------------|
| MON, TUES, THURS | 4:00 PM – 5:00 PM |
|------------------|-------------------|