

WINTER 2011
RETRIEVER AQUATIC CLUB
COMPETITIVE STROKE, START & TURN CLINIC
January 8th thru March 11th

The Retriever Aquatic Club Competitive Stroke, Start and Turn Clinic is for any swimmer ages 6-14 with summer league experience and/or minimal year round swim team experience who wish to stay in the water during the fall, winter and spring months. The clinic will focus on proper competitive stroke, start & turn technique. The Retriever Aquatic Club Coaching Staff will be hosting the clinic. The clinic will be held on Wednesdays and Sundays. You may elect to sign up for either day or both days.

DATES & TIMES:

Sundays 6-7pm
January 8, 22, 29
February 5, 12, 19,
March 4, 11,

Wednesdays 7:15-8:15pm
January 11, 18, 25
February 1, 8, 15, 29,
March 7,

SUNDAYS ONLY \$80
WEDNESDAYS ONLY \$80
SUNDAY & WEDNESDAY \$120

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Swimmers Name: _____

Swimmers Age: _____ DOB: _____

Parent's Name: _____

Address: _____

Phone: _____

Email: _____

Check one:

___ Wednesday Clinic

___ Sunday Clinic

___ Wednesday & Sunday Clinic

Amount Enclosed _____

(Make check payable to Retriever Aquatic Club)

Return Completed Form and Registration Fee to:

**Chad Cradock
UMBC-Retriever Activities Center
1000 Hilltop Circle
Baltimore, Md 21250**

Any questions please contact: Devin McGonigal at devin11113@yahoo.com