

UMBC 2008 SUMMER SWIM LESSON PROGRAM

The UMBC Swim Lesson Program has taught thousands of children how to swim in the community over the last 20 years. Our Swim Lesson Program offers lessons for swimmers of all abilities...from novice to beginners to advanced swimmers. Our instructors will guide each swimmer through the various levels of our program to increase the swimming skills of your child. The utmost safety and attention will be given to your child during their time with us.

Class Length: Each class is 30 minutes long.

Group Lessons Cost: Please see below for the cost of each session. **Please make checks payable to UMBC. All Fees are NON – REFUNDABLE unless the class is cancelled.**

Registration: You may mail in the attached registration form, with your payment, or you may drop off your forms, with your payment, in the UMBC swimming office located just off the deck of the indoor pool.

Group Lessons Class Size: We limit the class size to 5 students per instructor in order to ensure a positive learning environment and experience for your child. Please be sure to list at least two choices for class time. **You Have Received Your First Choice Unless You Are Called and Notified Otherwise.**

2006 SUMMER SESSIONS

- Session I: June 2, 4, 9, 11 (Mon & Wed evening classes) 4 classes - \$36
- Session II: June 3, 5, 10, 12 (Tues & Thurs evening classes) 4 classes - \$36
- Session III: June 16-19, 23-26 (Mon-Thurs evening classes) 8 classes-\$72
- Session IV: June 16-19, 23-26 (Mon – Thurs morning classes) 8 classes - \$72
- Session V: June 1, 8, 15, 22, 29 (Sunday afternoon) 5 classes - \$45
- Session VI: July 7-10, 14-17 (Mon – Thurs morning classes) 8 classes - \$72
- Session VII: July 7-10, 14-17 (Mon – Thurs evening classes) 8 classes - \$72

More Sessions may be schedule following these sessions depending on interest and availability.

Session Times:

Sessions IV and VI

A – 10:00 AM – 10:30 AM

B – 10:35 AM – 11:05 AM

C – 11:10 AM – 11:40 AM

D – 11:45 AM – 12:15 PM

E – 12:20 AM – 12:50 PM

Sessions I, II, III and VII

F – 4:30 PM – 5:00 PM

G – 5:05 PM – 5:35 PM

H – 5:40 PM – 6:10 PM

I – 6:15 PM – 6:45 PM

Sunday Session Times:

Session IV

SA – 12:00 PM – 12:30 PM

SB – 12:35 PM – 1:05 PM

SC – 1:10 PM – 1:40 PM

SD – 1:45 PM – 2:15 PM

**UMBC SWIM LESSON PROGRAM
SUMMER 2008 REGISTRATION**

Child's Name _____ M F Birthdate _____ AGE _____

Parent's Name _____

Address: _____

Email: _____ Phone #: _____

Sessions: (PLEASE SHOW 1ST CHOICE AND 2ND CHOICE FOR EACH SESSION)

SESSION I: 1F _____ 1G _____ 1H _____ 1I _____

SESSION II: 2F _____ 2G _____ 2H _____ 2I _____

SESSION III: 2F _____ 2G _____ 2H _____ 2I _____

SESSION IV: 4A _____ 4B _____ 4C _____ 4D _____ 4E _____

SESSION V: SA _____ SB _____ SC _____ SD _____

SESSION VI: 5A _____ 5B _____ 5C _____ 5D _____ 4E _____

SESSION VII: 6F _____ 6G _____ 6H _____ 6I _____

SESSION VIII / IX be scheduled in July based on interest and instructor availability.

LEVEL: JELLYFISH _____ GUPPIE _____ MINNOW _____ TROUT _____

Please check the appropriate level above which best describes the students current swimming skills:

JELLY FISH: For children 4 years old and up. Must be 4 years old by the first day of class. The emphasis in this group is basic water skills such as overcoming any fear of the water, blowing bubbles, floating and retrieving items from the bottom of the pool. This level has games and activities, which serve to help overcome fear of the water. This is a great place to start for the first time lesson taker.

GUPPIE: Students should be comfortable in the water, able to submerge and float on their front and backs. During this level they will learn the beginning skills of freestyle and backstroke. Children will often remain in this level for a number of sessions. This level is generally for students 4 and older.

MINNOW: At this level the students will be continuing to improve their freestyle and backstroke skills. Students who enter lessons at this level should be able to swim some freestyle and backstroke. Children should also be able to rotary breath during freestyle. Breaststroke will also be introduced at this level. This level is generally for swimmers 5 and older.

TROUT: Students at this level of the Lesson Program should be able to swim 25 yards of freestyle with rotary breathing unaided, competent in backstroke and displaying general breaststroke skills. The students will continue to perfect their skills in order to swim several laps of each stroke.

**MAIL COMPLETED REGISTRATION FORM TO: UMBC RETRIEVER ACTIVITY CENTER
ATTN: UMBC/RETRIEVER AQUATIC CLUB
Josh Garner
1000 HILLTOP CIRCLE
BALTIMORE, MARYLAND 21250**

For any additional information and/or questions EMAIL(preferred) Josh Garner garner@umbc.edu or by phone at 410-455-2716. You can also visit us on our website at www.umbcretreivers.com or www.racswim.org

CHECKS SHOULD BE MADE OUT TO: UMBC